

Learning Disability Team
Stuart House
45-47 Halfway Street
Sidcup
Kent DA15 8LH

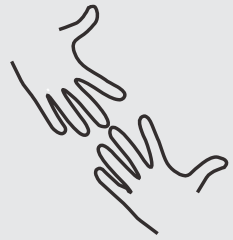
020 8269 3300



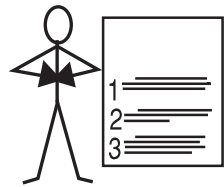
contact us for more information

August 2011

improving lives



help with...



care plan



healthy living



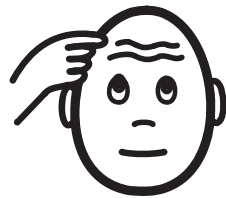
health checks



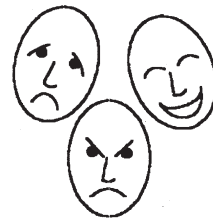
Personal Health Profile



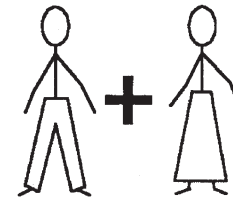
Easy read information



thinking



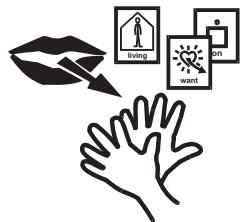
feelings



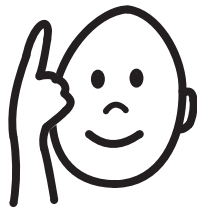
relationships



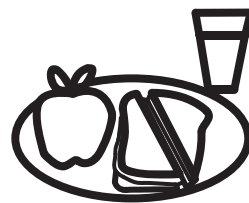
speaking up



communication



understanding



healthy eating



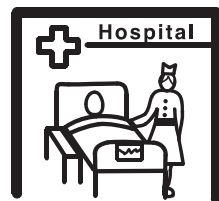
looking after yourself



moving around



illness



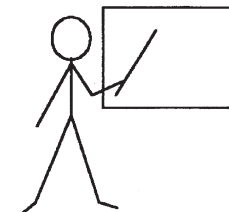
going to hospital



medicine



eating and drinking



training