

## More information

You may find it useful to write down any questions you would like to ask at the initial assessment. Our staff are required to abide by a code of conduct on confidentiality. We may share some information with other people such as your GP and social services employees. When considering who may see information about you, our staff use the following principles:

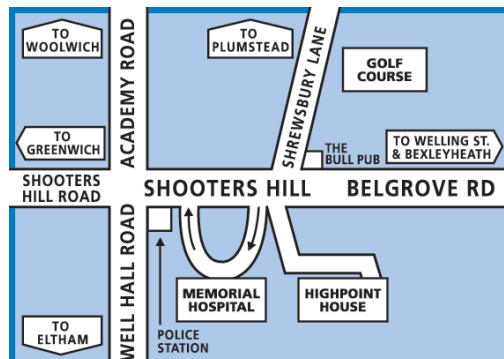
- **only** share information with those who **need to know** in order to provide good quality care
- share the **minimum information** necessary to ensure good quality care.

We aim to be sensitive to issues of ethnicity, class, gender, sexual orientation and disability and encourage family members to help us understand how these affect them.

We are committed to working in partnership with referrers, service users and carers. We welcome any feedback or comments about our service. If you are unhappy with the service you receive you can discuss this with your caseworker, or with the Patient Advice and Liaison Service (PALS). Tel: 0800 917 7159.

If you have any queries about your child's referral, you can contact the main Greenwich CAMHS office at Highpoint House on the number below:

Greenwich CAMHS  
Highpoint House  
Memorial Hospital  
Shooters Hill  
London SE18 3 RZ  
Tel: 020 3260 5200  
Fax: 020 3260 5274  
[www.CamhsCares.nhs.uk](http://www.CamhsCares.nhs.uk)



Information  
for parents  
and carers

*Introducing...*

# Greenwich Child and adolescent mental health services CAMHS



Revised April 2011

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## What do we do?

The Child and Adolescent Mental Health Service (CAMHS) team provide an assessment and treatment service for children and young people (aged 0-18) from all ethnic and cultural backgrounds living in the Greenwich area, where there are concerns about their behaviour or emotional wellbeing.

## What problems do we help with?

We can help with a number of emotional and behavioural difficulties that are affecting your child or young person's life at home and school. Examples are anxiety problems, behavioural problems, depression, eating disorders and self-harm.

## What can we offer?

If the referral of your child is appropriate for CAMHS, we will offer you an initial assessment meeting to talk about your child's difficulties and to help you think about the best way forward. If appropriate, we will agree a care plan with you and offer a number of sessions to help you, your child and your family work on the difficulties that have been causing concern.

Sometimes we can offer written information and practical advice. In other cases, we may meet with the person who referred you to see how we might be able to help.

## Who are we?

The CAMHS team includes:

- art therapists
- child psychotherapists
- child and adolescent psychiatrists
- family therapists
- nurse therapists
- primary mental health workers
- psychologists
- social workers.

Your child will see the workers best suited for his or her needs.

## When will the appointment be?

Once a referral is received we will see you as soon as possible. Currently the Department of Health maximum waiting time for an initial appointment is 13 weeks.

## Where will the appointment be?

The appointment will be at our main base at Highpoint House on Shooters Hill, or at one of our local community bases.

## Who can refer?

Your child can be referred by your GP (family doctor), health visitor, school, social worker, voluntary worker, or any other professional involved with your child.