



## A multifaith service with an interfaith approach

Holistic care includes care for the physical, physiological and spiritual aspects of the person. All contribute to the health and well being of individuals or a community.

The aim of the Spiritual and Cultural Care Service is to ensure that the trust provides a service which acknowledges the spiritual and cultural needs of individuals and therefore the care provided by the trust.

The team is here to provide space and have conversations about your spiritual and cultural needs.

### Spiritual care

The term spiritual care covers those areas of our human experience where we feel connected to a larger dimension of meaning and experience. It extends beyond the boundaries of formalised religion and comes into focus in times of emotional stress, illness, loss, bereavement and death.

### Cultural care

The term cultural care covers those aspects related to an individual's spirituality and identity that are significant due to their background and relationships within a community.

## The ethos and philosophy of the service is:

- We all share a common humanity that needs to be acknowledged and respected. Out of that common humanity comes individual needs due to particular beliefs and culture. These may change or not fit into assumptions.
- The service provides a space for individuals and groups to explore their spiritual and cultural needs.
- Being free of direct responsibility for treatment, the basis of our work is the establishment of voluntary, interpersonal relationships.
- We work in line with the trust's Equality and Diversity Strategy and the trust wide approach to delivering a person centred service. That is all staff, service users and visitors will feel welcomed, respected and in particular, have their spiritual and cultural care needs acknowledged.
- The service will implement an evidence based approach while continually exploring new ways of working.

The Spiritual and Cultural Care Team work with service users and staff to look into and develop the spiritual and cultural aspects of the service at Oxleas NHS Foundation Trust.